

motive8 kids parties are parties with a difference. Delivered by our professional coaches with a health and fitness theme, they can be tailored to suit most age groups, focusing on specific sports or general games.

Our schools coaching team organised a party in Marble Hill Park, Richmond for a girls' 7th birthday party. Approximately 24 children attended and took part in the multi-sports themed activity session.

The party began with some traditional party games and music. The children played musical statues followed by motive8's adapted version of musical chairs using poly dots.

Once the children were all warmed up and in the party mood, our coaches introduced some fun and exciting parachute games. These involved running underneath



the chute, sending balls flying into the air by flicking the chute and also mushrooming around the chute as a group.

After stopping for a drink to ensure everyone was rehydrated, we split the children into teams to complete an obstacle course. This was made up of 10 different stations and ensured all the children got active, had fun but also experienced a little bit of competition.

The party continued with a fielding game, cheerleading sessions with pom poms and music before finishing with mini football matches.

Once all the activities had been completed, the children received their motive8 party bags and had a group picture taken, which was later sent to the birthday girl on a special card as a memento of her day.

“ I was very impressed with the amount of consideration that was given to safety issues, with risk assessments being carried out before the party started and first aid kits being provided. Even as a parent, this was something I never even thought about. ”
Parent of 7 year old birthday girl

