

SERVICE**STANDARD PEAK****CORPORATE PEAK****OFF-PEAK***1-2-1
Personal Training**£60.00****£50.00****£40.00**Sports Massage
& Rehabilitation**£60.00****£50.00****£40.00**

Buddy Training

£70.00**£60.00****£47.00**

Bespoke Classes

£10.00**£8.50**

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motive8 supplies a wide selection of fitness equipment & accessories. Please ask for details.

*Off peak rate applies 9am to 3pm at m8 training studio only.
All prices are per person, per hour and are inclusive of VAT.



OUR TRAINING SERVICES

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