

## **About motive8:**

- ✓ Established in 1998.

## **Gym Design**

- ✓ motive8 has fitted in excess of 70 health and fitness facilities across the UK.
- ✓ Projects include everything from bespoke home gyms and corporate facilities to large scale fully-staffed managed residential facilities.
- ✓ motive8 works as a consultant to several major architects, offering design and planning advice to ensure the most efficient use of space and layout of equipment.
- ✓ motive8 currently holds 79 maintenance contracts, providing quarterly servicing of equipment to correct faults and ensure longevity of equipment.
- ✓ motive8 has its very own state-of-the-art personal training studio in West London, showcasing all the latest equipment and offering a first-class workout environment for clients.

## **Training**

- ✓ motive8 delivers over 200 gym induction sessions per month to users, ensuring they are educated on the equipment and can achieve maximum benefit from their facility.
- ✓ motive8 conducts over 500 personal training sessions each month, with a large, experienced team of trainers offering a complete lifestyle solution.
- ✓ In addition to our qualified personal training staff, we also have a number of Sports Therapists and Rehabilitation professionals who treat all kinds of sports related injuries and problems.
- ✓ Our personal training service covers London, Middlesex, Surrey, Bournemouth, Manchester, Newcastle and Leeds.

## **Schools**

- ✓ The motive8 schools team delivers over 60 curricular and extra-curricular primary school sports sessions per week.
- ✓ All Lead Coaches are Level 2 qualified and CRB-checked.
- ✓ Coaches not only maximise children's activity during sessions but encourage them to have a positive experience of and lifelong participation in sport.
- ✓ motive8 work closely with local colleges and universities in order to support apprenticeships, diplomas and other work-based learning placements.
- ✓ The motive8 schools coaching team has delivered the Sport Leaders UK Young Leaders Award to over 300 primary school children.