

TACHBROOK TRIANGLE: LONDON

Barratt West London

CASE STUDY

Tachbrook Triangle is an exclusive apartment complex located on Vauxhall Bridge Road in London. Making maximum use of a small space (in relation to the number of apartments) was critical in the gym's design.

Bearing in mind we could only supply a limited quantity of kit due to space restrictions, we opted for an equipment layout that would still offer a full body work out and appeal to all types of residents.



To achieve this, we fitted a 3 station multi-gym, as it offers 14 different resistance exercises within a small footprint. This was complemented by an impressive selection of Life Fitness cardiovascular equipment, including treadmill, cross trainer, bike and Concept2 Rower as well as a multi-gym and large wall-mounted plasma showing sport, music and news via free view. The result is an exclusive and highly-functional gym for all Tachbrook Triangle residents.

“I invested in this property due to its prime city location and complete lifestyle solution. I don't have to pay for monthly gym membership and can easily fit working out into my daily routine with the gym on my doorstep.”

Nick Taylor, Resident of Tachbrook Triangle.